



## *Yogurt Parfaits*

### ***Ingredients***

- ½ cup yogurt of your choice
  - ½ cup fresh fruit, washed such as berries, bananas, peaches
  - ¼ cup homemade or store bought granola
1. Slice fruit, if necessary.
  2. Spoon half of the yogurt into the bottom of a glass or mason jar. Top with half the fruit and half the granola, repeat the layers starting with the yogurt.

### ***Equipment***

- Measuring Cups
- Chef Knife
- Cutting Board
- Glass or Mason Jar
- Spoons