



Quick Chicken Quesadillas

Ingredients

Quesadilla

- 1 cup of cooked chicken, shredded
 - 4 flour tortillas, burrito size
 - 2 T butter or oil
 - 2 cups shredded cheddar or mexican blend cheese
-
1. On a cutting board, butter one side of the tortilla then flip it over. On the non-buttered side, fill one half of the tortilla with 1/2 cup of cheese and 1/4 cup of shredded chicken. Fold the non filled side over the filled side.
 2. Heat a large skillet over medium-low heat and transfer the quesadilla to the pan. Cook on one side until golden brown, flip to the other side and cook until golden and the cheese has melted.
 3. Carefully transfer the quesadilla to a cutting board. Slice with a pizza cutter or a knife into four wedges. Serve with salsa, guacamole and sour cream.

Equipment

- Measuring Spoons/Cups
- 10-12" non stick or cast iron skillet
- Chef Knife
- Butter Knife or Spreader
- Silicone or metal spatula
- Cutting Board
- Plate for serving